

## ASTHMA CHECKLIST

School Name / ID _____	Date _____
Location _____	Investigators _____
_____	_____

### **Managing Triggers**

- An effective cleaning management program is in place (see *Cleaning Management Backgrounder and Checklist*).
- Mold or excess moisture is not apparent (see *Mold and Moisture Backgrounder and Checklist*).
- An Integrated Pest Management (IPM) program is being implemented (see *Pest Management Backgrounder and Checklist*).
- The most efficient air filters that can be used are installed in HVAC equipment (see *Air Cleaning for Airborne Allergens Backgrounder and Checklist*).
- Policies are in place so that at the time of renovation, high efficiency filtration is specified for new equipment.
- Classroom, art, and cleaning and maintenance products that are low in odor, toxicity, and irritants are being used (see *Cleaning Management Backgrounder and Checklist, Hazardous Materials and Solid Waste Management Backgrounder and Checklist*).
- Animal exhibits have been modified to minimize allergens, or have been eliminated.
- Sources of strong odors or fragrances have been reduced or eliminated
- Carpet and upholstered furniture have reduced or eliminated
- Teachers are notified of students with asthma, and are aware of measures to minimize exposure to triggers
- People with allergies and asthma are not present when cleaning or other treatment occurs.

### **Medical Treatment**

- All students and staff with asthma are under the regular care of a doctor or health care agency/clinic.
- School nurses are notified of staff and students with asthma.

### **Emergency Response**

- Nurses and staff members have been instructed in asthma emergency response procedures.

### **Educational Programs**

- The school is participating in an asthma education program sponsored by the American Lung Association.