Inspecting Attic Insulation

There are several factors to consider when inspecting loose fill, blown-in attic insulation. These include the type, depth and density of the insulation.

Types of blown-in insulation

The two commonly used types of blown-in attic insulation are cellulose and fiberglass. Blown-in rock wool insulation is also available but its use in the Pacific Northwest is not common.

Cellulose is a natural wood product and is made primarily from recycled newspaper.

A fire retardant chemical is added to meet flame-spread and smoke-development requirements of today’s building codes. Fiberglass insulation is the same type of material that is in batts or rolls of fiberglass insulation except it is chopped or cubed so it can be installed with an insulation blowing machine. Fiber glass insulation typically contains 20 to 30 percent recycled glass\(^1\).

The R-value of loose fill cellulose is R-3.2 to 3.8 per inch\(^2\). Loose fill fiberglass has an R-value of R-2.2 to 2.7 per inch\(^3\). Achieving the desired R-value depends on both the depth of the insulation and its density.

Insulation depth

Depending on your climate, energy codes require varying R-values for ceiling insulation. Code requirements may also vary for attics and single rafter or joist vaulted roof assemblies. The *Washington State Energy Code* (WSEC) requires all attics be insulated to R-38 advanced framed construction or R-49 standard framed construction in both Climate Zones 1 and 2. Using the known R-values per inch

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\(^1\) Percentages of recycled content from USDOE, EERE

\(^2\) R-values obtained from Cellulose Insulation Manufacturers Association

\(^3\) Loose fill fiberglass R-values from USDOE, EERE
of each type of insulation, we know that to install R-38 you need from 10 to 12 inches of cellulose and 14 to 17 inches of fiberglass. For an accurate depth for a given type of insulation there is a chart on the insulation bag noting the required depths for various R-values.

To assist an inspector and the installer in verifying the depth of the insulation, the WSEC requires that depth markers (see Figure G-1) be placed in the attic space. The depth markers must be installed for every three hundred square feet of attic area and must face toward the attic access.

**Insulation Density**

Checking the depth of the insulation is essential but the density of the insulation is equally important. Blown-in insulation can be “fluffed up” when installed so that it appears to meet the depth requirement without achieving the desired R-value. Over time the insulation may settle, resulting in a lower R-value.

The easiest way to document the amount and R-value of installed blown-in insulation is to install an attic card. These are usually stapled to the truss or rafter near the attic access and show the depth of installed insulation. There should be one marker installed for every 300 square feet of attic or ceiling space. For more information, see the *Code of Federal Regulations* (CFR) Part 460, Labeling and Advertising of Home Insulation.

If you are an installer, you must give your customers a contract or receipt for the insulation you install. For loose-fill, the receipt must show the coverage area, initial installed thickness, minimum settled thickness, R-value and the number of bags used.\(^4\)

\(^4\) *Code of Federal Regulations (CFR)* 460.17
Manufacturers provide similar charts on their insulation bags. The chart states the minimum number of bags that need to be installed per 1,000 square feet of area to obtain a specific R-value. For example, to install R-38 in an attic with 3,200 square feet of area use the following formula:

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3,200 \text{ sq.ft.} \div 1,000 = 3.2
\]

19.2 (bags per 1,000 sq.ft. for R-38) x 3.2 = 61.4 bags

Building inspectors typically check the insulation depth to verify compliance with local codes. Making sure the correct amount of insulation is installed requires a bag count, or a comparison with the recommendations on an attic card.